



# What I Was Doing While You Were Breeding: A Memoir

By Kristin Newman

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**What I Was Doing While You Were Breeding: A Memoir** By Kristin Newman

**A funny, sexy, and ultimately poignant memoir about mastering the art of the "vacationship."**

Kristin Newman spent much of her twenties and thirties buying dresses to wear to her friends' weddings and baby showers. Not ready to settle down and in need of an escape from her fast-paced job as a sitcom writer, Kristin instead traveled the world, often alone, for several weeks each year. In addition to falling madly in love with the planet, Kristin fell for many attractive locals, men who could provide the emotional connection she wanted without costing her the freedom she desperately needed.

Kristin introduces readers to the Israeli bartenders, Finnish poker players, sexy Bedouins, and Argentinean priests who helped her transform into "Kristin-Adjacent" on the road—a slower, softer, and, yes, sluttier version of herself at home. Equal parts laugh-out-loud storytelling, candid reflection, and wanderlust-inspiring travel tales, *What I Was Doing While You Were Breeding* is a compelling debut that will have readers rushing to renew their passports.

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