



Outcome-Based Massage: Putting Evidence into Practice

By Carla-Krystin Andrade PhD PT

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Outcome-Based Massage™: Putting Evidence into Practice (3rd edition) goes beyond an update of the content of the second edition. In this book, Dr Andrade and a team of contributors who represent the fields of massage therapy, physical therapy, athletic training, education, psychology, medicine, and physiology take the student or practicing clinician to the next level of using Outcome-Based Massage™ in daily clinical practice. This edition enhances and builds upon the strengths of the first two editions as follows:

- **Fully updated chapters** provide a comprehensive approach to assessment, treatment design, and treatment delivery
- **Streamlined presentation of theory and practice** enhances the teaching and learning experience
- **Quick Treatment Guides** provide a colorful, immediate reference for anatomy, pathophysiology, impairments, and wellness goals for 16 musculoskeletal conditions
- **New section on the scientific basis of soft-tissue examination** provides students and practitioners with the very latest understanding of the emerging body of knowledge in this field
- **Review sections in each chapter** provide Takeaways that summarize key concepts, critical thinking questions, and clinical cases that illustrate the practical application of the concepts discussed in the chapter
- **Precise, instructive photographs and videos** give students and practitioners clear, direct guidance for using the techniques presented in this text

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