



Northern Mysteries and Magick: Runes & Feminine Powers

By Freya Aswynn

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Northern Mysteries and Magick: Runes & Feminine Powers By Freya Aswynn

Bring the power of the ancient runes into your life for divination and magic with *Northern Mysteries & Magick* (revised edition of *Leaves of Yggdrasil*) by Freya Aswynn.

The runes are more than an ancient alphabet. They comprise a powerful system of divination and a path to the subconscious forces operating in your life. *Northern Mysteries & Magick* is the only book of Nordic magick written by a woman, and it is the first to offer an extensive presentation of rune concepts, mythology, and magical applications inspired by Dutch/Friesian traditional lore.

Also unique in this book is the inclusion of the feminine Mysteries of the North. You'll learn how they are represented in the runes. You will see how each of the major deities of Northern Europe still lives in the collective consciousness of people of Northern European descent.

- A complete analysis of the Elder Futhark Runes and their meanings
- How to use the runes for divination including several rune spreads
- Using the runes in magick
- Rune charms and power sigils
- Shamanic drumming and chanting
- Profiles of the eight major Gods
- The Northern Feminine mysteries featuring four major goddesses

The first edition of this book was considered a classic. Now, revised and expanded, *Northern Mysteries & Magick* is one of the most amazing and important books ever on the Runes and the magick of Northern Europe.

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Editorial Review

Amazon.com Review

In the global scheme of mystery traditions, cultures from most countries have their own current myths, yet northern shamanism conspicuously lacks representation in contemporary spiritual practice. *Northern Mysteries and Magick* fills this gap by unearthing the ancient Nordic pantheon, examining the meanings and interrelations of the earliest 24 runes, known as the "Elder Futhark," and exploring the often overlooked feminine aspects of Northern mythology. [A separately sold] CD [*Songs of Yggdrasil: Shamanic Chants from the Northern Mysteries*] hearkens back to tribal storytellers and replaces the vital aural component missing from our paper-based society. Freya Aswynn's accent lends a crisp consonance to her powerful performances as she invokes the old gods of an icy clime. Waking this pantheon from its long slumber, Aswynn extrapolates a natural course of evolution for the Northern tradition and synthesizes it into a magical tradition suitable for the contemporary practitioner. --*Brian Patterson*

From the Publisher

Power exists in many forms. There is the gentle power of a small brook that gently wears a path into the soil. There is also the incredibly strong power of a massive waterfall.

Northern Mysteries & Magick (revised and expanded edition of *Leaves of Yggdrasil*) by Freya Aswynn is a book that is almost shocking in the strength of the power it exhibits.

If you have any interest in learning about the magick and spirituality of the people of Northern Europe, this book is a must. In it you will learn about the runes and how to do runic magick. You'll do divinations and create rune charms. You'll discover the secrets of shamanic techniques such as shape shifting, while learning the secrets of drumming and chanting according to the ancient ways.

About the Author

Born in Holland, Freya Aswynn was aware of her natural psychic abilities as early as four years old, often able to perceive what would occur before it did. At the age of 19, with no real formal education except for the abilities to read and to write, Aswynn decided to develop her gift even further. She initially joined a spiritualist group, and later went on to study such subjects as Rosicrucianism, Astrology, Cabala, Thelema, and was eventually initiated into Wicca in 1980.

After awhile, Aswynn began to question why the only gods mentioned were Graeco-Roman or Celtic in descent because they had no relationship to her own Dutch heritage. She then came to discover that there in fact were Nordic gods, and it was after a difficult personal experience that she became devoted to the Norse god, Wodan. It was Wodan's help that influenced Aswynn to begin her research on the occult and the Northern traditions. Runes had had an important impact on her life, so she began by studying them and their connection to Northern Europe and also began her first book, *Leaves of Yggdrasil*. She is also the author of *Principles of the Runes*, *Northern Mysteries & Magick: Runes, Gods & Feminine Powers*, and an audio CD, *Songs of Yggdrasil: Shamanic Chants from the Northern Mysteries*.

Users Review

From reader reviews:

Michael Pabon:

Spent a free time for you to be fun activity to complete! A lot of people spent their down time with their family, or their own friends. Usually they performing activity like watching television, gonna beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? May be reading a book may be option to fill your free time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to test look for book, may be the guide untitled Northern Mysteries and Magick: Runes & Feminine Powers can be excellent book to read. May be it is usually best activity to you.

Beatrice Raybon:

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Luann Bowen:

Within this era which is the greater man or woman or who has ability in doing something more are more important than other. Do you want to become considered one of it? It is just simple way to have that. What you must do is just spending your time almost no but quite enough to possess a look at some books. One of many books in the top checklist in your reading list will be Northern Mysteries and Magick: Runes & Feminine Powers. This book which is qualified as The Hungry Slopes can get you closer in getting precious person. By looking upwards and review this guide you can get many advantages.

Vincent Humphreys:

That reserve can make you to feel relax. This kind of book Northern Mysteries and Magick: Runes & Feminine Powers was colourful and of course has pictures around. As we know that book Northern Mysteries and Magick: Runes & Feminine Powers has many kinds or style. Start from kids until teens. For example Naruto or Private investigator Conan you can read and think you are the character on there. Therefore , not at all of book tend to be make you bored, any it can make you feel happy, fun and loosen up. Try to choose the best book for you and try to like reading that.

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