



## Cook Now, Eat Later

By Mary Berry

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### Cook Now, Eat Later By Mary Berry

In our time-strapped lives, it isn't always easy to eat healthy home-cooked food every day of the week. You need never go hungry again with these delicious, straightforward recipes for cooking and preparing ahead. Whether you want to make a three-course meal on Friday night for guests or have a few yummy family suppers ready in advance, with more than 100 recipes to choose from, *Cook Now Eat Later* is perfect for the busy home cook.

As you would expect from Mary, the recipes are foolproof and easy-to-follow, and they include clear instructions on how to get one (or two or three!) steps ahead. With some dishes you'll be able to cook everything in advance, while others can be prepared ahead and assembled and then just cooked on the day. Find out when you can freeze to get ahead and when it's best to keep it fresh. Simple directions show you what to do to take all the stress out of cooking. Let Mary give you the confidence to plan ahead. With *Cook Now Eat Later* you can have the ideal dish for every occasion ready in no time.

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### Editorial Review

#### About the Author

Mary Berry, the much-loved judge on *The Great British Bake Off*, is the author of more than 70 cookbooks with total sales of over 5 million. Her new BBC2 series *Mary Berry Cooks* airs in March 2014.

Mary is loved for her practical and unfussy approach to cooking. She gives many demonstrations around the country, but when she is at home, she loves to be with her family and tending her garden - her other great passion.

### Users Review

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