

Look Into My Eyes: How To Use Hypnosis To Bring Out The Best In Your Sex Life

By Peter Masters



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Here's a practical, no nonsense guide to using hypnosis in your sex life. Hypnosis can help you lower inhibitions, and increase sexual feelings and responsiveness. It can also be used to help you get more out of your role-playing and fantasies. And it can be a lot of fun. In this book, Peter Masters takes you firstly through a step-by-step guide to hypnotising your partner, and then explores how you can use hypnosis to: - Heighten their sexual feelings - Help them focus and stay involved longer - Create compelling sexual fantasies - Help them get more involved in your role-playing - Give effective posthypnotic suggestions to your partner which they'll respond to after your hypnosis session is over The second half of the book is packed with practical examples and hypnosis scripts which you can use straight from the book, or which you can adapt and modify to suit you and your partner.

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