



How Weaning Happens

By Diane Bengson

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How Weaning Happens By Diane Bengson

* This is a new copy. When counseling breastfeeding families who ask How Weaning Happens, author Diane Bengson says, "Gradually, with love." She answers the many questions she's seen hundreds of families bring up through her years as a La Leche League Leader and wrapped her own as well as their personal experiences into her book How Weaning Happens. She covers social and cultural differences among the breastfeeding families, pressures to wean, natural weaning and various other reasons to wean. She also writes about the physical and emotional changes of mother and child in a nursing relationship. Weaning is the first complete book on the topic from LLLI, though the organization has a number of shorter publications on the subject.

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Editorial Review

From the Publisher

"Other LLL books help mothers get started and continue the breastfeeding relationship through various circumstances," said LLLI Director of Publications Judy Torgus. "Weaning, however, answers their questions about how that relationship will end. We are thrilled to be able to offer an entire book on the topic for all nursing families."

"Knowing and understanding the weaning process is as significant to a mother as her initial decision to breastfeed her child," said Torgus. "Therefore, LLLI has come full circle after more than 40 years in the business with its new book."

From the Author

"Weaning can be a bittersweet thing," said Bengson. "It's the closing of a certain part of a relationship, but it doesn't necessarily have to be negative."

"Breastfeeding is actually a way to build independence within the child because the child outgrows the need. Now doctors recognize the benefits of breastfeeding for a year, but research shows there's nothing harmful in longer nursing and that there's actually benefits to it."

"The topic of weaning comes up at La Leche League meetings, and I always thought it would be nice to have a book available to give mothers some insight," said Bengson, who has learned a multitude of gentle and supportive ways to assist mothers through weaning.

About the Author

First time author Diane Bengson makes her home in Bellbrook with her husband John and their children Shaun, Joel and Emma. Bengson, who has counseled hundreds of mothers as a La Leche League Leader, has had articles published in Mothering Magazine, New Beginnings, Welcome Home and National Catholic Reporter.

Users Review

From reader reviews:

Gary Flint:

Book is to be different for each grade. Book for children until finally adult are different content. We all know that that book is very important normally. The book How Weaning Happens seemed to be making you to know about other understanding and of course you can take more information. It is very advantages for you. The e-book How Weaning Happens is not only giving you much more new information but also for being your friend when you really feel bored. You can spend your spend time to read your guide. Try to make relationship with all the book How Weaning Happens. You never experience lose out for everything when you read some books.

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Susan Albro:

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