



## Hand and Upper Extremity Rehabilitation: A Practical Guide, 4e

*By Rebecca Saunders PT CHT, Romina Astifidis MS PT CHT, Susan L. Burke OTR/L CHT MBA, James Higgins MD, Michael A. McClinton MD*

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Blending the latest technical and clinical skills of hand surgery and hand therapy, **Hand and Upper Extremity Rehabilitation: A Practical Guide, 4th Edition** walks you through the treatment of common medical conditions affecting the upper extremities and highlights non-surgical and surgical procedures for these conditions. This expanded fourth edition presents the latest research in hand and upper extremity rehabilitation and provides the purpose and rationale for treatment options.

- **Clinical outcomes included in each chapter** relate clinical expectations to the results of clinical research trials, providing you with the expected range of motion and function based on evidence in the literature.
- **Highly structured organization** makes information easy to find, allowing the text to function as a quick reference in the clinical setting.
- **Contributors from a variety of clinical settings** like hand therapy clinics, hospitals, and outpatient clinics means you get to learn from the experience of clinicians working in diverse clinical contexts like yourself.
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- **51 leading experts offer fresh insight** and authoritative guidance on therapeutic approaches for many common diagnoses.
- **Treatment guidelines presented for each stage of recovery** from a wide range of upper extremity conditions.
- **NEW! Authoritative quick reference guide** to surgical and non-surgical procedures for hand and all upper extremity conditions.
- **NEW! Updated information and references** offers the latest information and research in the areas of hand and upper extremity rehabilitation.
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- Sales Rank: #245493 in Books
- Brand: imusti
- Published on: 2015-12-03
- Original language: English

- Number of items: 1
- Dimensions: 10.80" h x .90" w x 8.50" l,
- Binding: Paperback
- 608 pages

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