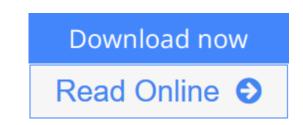


The Power of Sensitivity: Success Stories of Highly Sensitive People Thriving in a Nonsensitive World

By Ted Zeff



The Power of Sensitivity: Success Stories of Highly Sensitive People Thriving in a Non-sensitive World By Ted Zeff

Dr. Ted Zeff has compiled 44 uplifting success stories that have been submitted from sensitive people from 10 different countries. Highly Sensitive People throughout the world have shared their triumphs and happiness living with the trait of high sensitivity, which will help the international HSP community to learn new ways to manage their trait and thrive in our non-sensitive world.

After each uplifting story, additional advice on each vignette's theme is given, which frequently includes specific information on how to integrate that story's success into your life. So sit back and enjoy reading these delightful and inspiring stories from HSPs as you learn new methods to empower yourself.

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Editorial Review

Review

"This book provides what every HSP needs: a full understanding of our trait through a diversity of stories that will empower sensitive people."

-Elaine Aron, Ph.D. author of The Highly Sensitive Person

"The Power of Sensitivity contains many fascinating and inspiring success stories from the global HSP community that will help sensitive people lead a peaceful, confident, and joyous life." -Judith Orloff, M.D. author of *The Ecstasy of Surrender*

"A unique collection of positive stories that is invaluable for HSPs and parents of sensitive children who are looking for practical strategies to put the power of sensitivity to good use in their daily lives." -Lise and Martin August, directors of Sensitive Balance, Denmark

Users Review

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Jack Johnson:

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Wesley Binns:

People live in this new day of lifestyle always try to and must have the extra time or they will get lots of stress from both lifestyle and work. So, if we ask do people have time, we will say absolutely yes. People is human not a robot. Then we ask again, what kind of activity have you got when the spare time coming to anyone of course your answer will probably unlimited right. Then do you try this one, reading guides. It can be your alternative in spending your spare time, the book you have read will be The Power of Sensitivity: Success Stories of Highly Sensitive People Thriving in a Non-sensitive World.

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