



## Heroes, Mentors, and Friends: Learning from Our Spiritual Guides

By John Dowd Jr.

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**Heroes, Mentors, and Friends: Learning from Our Spiritual Guides** By John Dowd Jr.

People come and go in our lives. Over the years I have come to define those who touch our souls as heroes, mentors or friends, but in reality, I believe they are spiritual guides sent to us by a higher power. Once we recognize their inherent divinity and open to their influence, our spirits resonate at a higher level. Some call these special souls angels. This book gives the reader a profound insight into these beings and their miraculous influence on our lives. Heartwarming stories of courage, small acts of kindness and most of all, love, will bring a better understanding of the power they derive from our Source. Come share the miracle of synchronicity. Trust in the flow of God's love as shown by these messengers of hope. You may discover that you too are making a difference in someone's life as a Hero, Mentor or Friend.

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### **Editorial Review**

#### About the Author

John Dowd Jr. is a fifteen-year student of spiritual and new-age thinking. A twenty-five-year broadcaster and radio personality, he got his start on the air at sixteen years old in his hometown of Worcester, Massachusetts. His exciting broadcast journey has led him to major markets such as New York, Chicago, Philadelphia, Boston, and Hartford. John is a four-time winner of Radio Ink's "Best Programmers in America" award and has appeared as a voice talent on radio and television commercials across the country. John has also appeared on three national radio countdown shows, and since 1991 has programmed nine radio stations throughout America. Heroes, Mentors, and Friends is his first book. He lives in Cambridge, Massachusetts. He is the proud father of Jordan and Matthew Dowd, who reside in Rhode Island.

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