

Essentials of Performance Analysis in Sport: second edition

From Routledge



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Now in a fully revised and updated second edition, Essentials of Performance Analysis in Sport is a comprehensive and authoritative guide to this core discipline of contemporary sport science. It introduces the fundamental theory of match and performance analysis, using real-world illustrative examples and data throughout, and explores the applied contexts in which analysis can have a significant influence on performance.

This second edition includes three completely new chapters covering the key emerging topics of dynamic systems, momentum and performance profiling, as well as updated coverage of core topics in the performance analysis curriculum such as:

- designing notation systems
- analysing performance data
- qualitative analysis of technique
- time-motion analysis
- · probability
- using feedback technologies
- performance analysis and coaching.

With extended coverage of contemporary issues in performance analysis and contributions from leading performance analysis researchers and practitioners, Essentials of Performance Analysis in Sport is a complete textbook for any performance analysis course, as well as an invaluable reference for sport science or sport coaching students and researchers, and any coach, analyst or athlete looking to develop their professional insight.

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Editorial Review

About the Author

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Ian M. Franks is a Professor in the School of Kinesiology, University of British Columbia, Canada. His research is primarily concerned with the control and acquisition of human motor skills, and he is a leading authority in sport performance analysis and the analysis of coaching behaviour. Ian is a Fellow of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) and a Fellow of the American Academy for Kinesiology and Physical Education (AAKPE). As well as numerous publications in peer-reviewed journals, Ian is the co-editor and co-author (with Mike Hughes) of the seminal performance analysis textbooks, *Essentials of Performance Analysis* and *Notational Analysis of Sport* (both published by Routledge).

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