



Trucking: Tractor-Trailer Driver Handbook/Workbook

By Alice Adams

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A severe shortage of trained tractor-trailer drivers faces the trucking industry and the nation. Trucking: Tractor-Trailer Driver Handbook/Workbook, Third edition and its ancillaries can help solve this problem by providing a great turnkey curriculum for the latest in tractor-trailer driver training, complete with up-to-date compliance and regulation standards. This new edition delivers not only the technical content the driver needs to know, but also teaches the procedures that, with practice, will enable the student to become a skilled driver. This book stresses the importance of developing the skills, traits and behaviors that characterize true professionals. Professional truck drivers must maintain safe standards throughout all facets of a trip, and this book provides the "must have" information new drivers need to stay safe before, during, and after a route. Coverage focuses on attaining and preserving safe standards throughout all aspects of a professional driving career, from securing one's load to hazardous materials handling, with helpful guidelines for maintaining a healthy lifestyle on the road. This edition delivers not only the technical content tractor-trailer drivers need to become skilled professionals, but also the healthful habits and "best practices" that can lead to improved safety and well-being.

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Review

Preface. 1. An Introduction to Trucking. 2. The Commercial Driver's License. 3. Control Systems. 4. Vehicle Systems. 5. Transportation Technology. 6. Vehicle Inspections. 7. Basic Control. 8. Shifting. 9. Backing and Docking. 10. Coupling and Uncoupling. 11. Sliding Fifth Wheels and Tandem Axles. 12. Preventive Maintenance and Servicing. 13. Recognizing and Reporting Malfunctions. 14. Communication. 15. Visual Search. 16. Space Management. 17. Speed Management. 18. Night Driving. 19. Extreme Driving Conditions. 20. Skid Control. 21. Hazard Awareness. 22. Railroad Crossings. 23. Emergency Maneuvers. 24. Accident Procedures. 25. Handling Cargo. 26. Cargo Documentation. 27. Special Rigs. 28. Hours of Service. 29. Trip Planning. 30. Transportation Security. 31. Driving International Routes. 32. Hazardous Materials. 33. Public Relations and Job Search. 34. Driver Health, Safety and Security. 35. Whistleblower Protections for Professional Drivers. 36. CSA 2010. Appendix A: Troubleshooting Guide. Appendix B: Website/Reference list. Appendix C: Trucking Association Listing. Appendix D: Glossary. Appendix E: Index.

About the Author

Alice Adams is an educator and veteran transportation writer for various national transportation trade publications, as well as for the Houston Chronicle. After serving in academic positions at Odessa College (TX), Houston Community College, and the University of St. Thomas, she has authored several transportation industry books, including texts used in public, private, and proprietary professional driving schools.

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