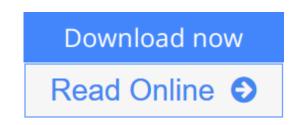


The Maker's Diet Revolution: The 10 Day Diet to Lose Weight and Detoxify Your Body, Mind and Spirit

By Jordan Rubin



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The Maker's Diet Revolution is the long awaited sequel to The Maker's Diet that Jordan Rubin's fans are ready for. Jordan will share everything he has learned in the years since he wrote The Maker's Diet, including:

- Health and Diet Tips
- Why our nation's food supply is compromised
- The importance of organic foods
- Choosing the best water sources
- Raising healthy children, healing chronic illnesses and much more!
- His Popular Health Myths and Truths

Jordan Rubin is a renowned natural health expert and NYT Best-selling author of The Maker's Diet.

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Editorial Review

About the Author

Jordan Rubin is the author of 19 books including the *New York Times* bestseller *The Maker's Diet* with over 2 million copies in print. His story and his previous books have been featured on *Good Morning America, NBC Nightly News, Fox and Friends,* and *Inside Edition,* and in *USA Today, Time,* and *Newsweek.* Jordan also founded the Biblical Health Institute to empower the church to live the abundant life that glorifies God.

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