



Men Made Easy : How to Get What You Want from Your Man

By Kara Oh

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Whether single or married, Men Made Easy is filled with information that is so essential, you'll wonder how you survived without it.

If you and your girlfriends have ever laughed that you need an "owner's manual" for the men in your life, Men Made Easy is as close as you'll get. Men become a little nervous when they find out how accurately this book explains why they do what they do, what they are thinking, and how to get them to respond to you in ways you've always hoped for. But if you are looking for quick, cute, and snappy ways to manipulate men, this is not the book for you. You're going to be getting much more than a quick fix or clever tricks.

You will be looking inside the private world of men, a world they have chosen not to reveal to women and you will find that men become more predictable and sometimes even transparent. You will be much smarter in how you communicate and interact with them. All your relationships with men will begin to improve, especially in the arena of love and romance.

To get more love and romance, you need to learn what is really going on with men. After interviewing hundreds of men and studying them for two years, Kara Oh is able to take you into their previously hidden world. Here is just some of what you can expect:

- * You will discover how to communicate your needs in new ways, ways that will make him want to do things for you (yes, even help around the house) and want to make you happy.
- * You will learn what it takes to get him to want to commit to you and make you his wife.
- * You will learn how to get that new man's attention and put him in such a spin that he won't be able to take his mind off of you.
- * You will have fun "playing with" your feminine grace and watching how easily men respond to the secrets that you will be using.

You know that he hides his feelings behind a defensive wall. And you beat

against his chest because he won't let you in. But now you are going to be able to actually go behind that wall, find out what he is feeling, what drives him, what he's afraid of, what he won't tell you, why he needs to be successful, what love means to him, and why he wants and needs to marry. Because you are going to make him feel understood and safe for maybe the first time, you will become invaluable to him because you will now have the key to his heart and soul. You will also enjoy a new sense of empowerment that will make you feel like dancing. And even though he won't know what's happening to him, he's going to love what you're doing and realize how very special you are to him.

With a higher than 50% divorce rate and at least 80% of dating relationships failing and breaking hearts, it's obvious that there is something terribly wrong with how men and women interact and it's getting worse, not better. Communication is the key but if you are like most women, you've seen his eyes glaze over and most likely heard the phrase, "Can you just get to the point?" Obviously, you need to speak to him in new ways if you are going to see improvements in your relationship because how you have been doing it isn't working very well, is it? Finally, you will know how to speak to him so he really and truly listens to what you have to say.

You can finally take charge of your love life. You deserve to be loved, to feel empowered in your relationship and to enjoy happiness. Kara offers the tools you need to finally get what you want: ever-deepening love and respect, romance, and an enduring relationship with a man who makes you feel cherished and adored. Men Made Easy is filled to overflowing with in-depth understanding about what it takes to create the kind of relationship you want. The book is easy to understand and fun to read. And almost immediately, effortlessly, you will be using her secrets like a pro.

Some emails that have been sent to the author or to her online advice column, Ask Ms. Magic:

Dear Kara, I am soooooo happy! It just dawned on me how much my SO has improved since I read and applied Kara's techniques (3 months or so). He is less moody, doesn't go into those "I need my space" funks for days like he used to (now it's one evening of "I need to watch TV in the other room, ok?" and then back to cuddle time!). He professes his love for me more often and has even said the things I've longed to hear, "you are my destiny, my goddess, you helped me to live again!" When he said those things, I almost cried. This was two days ago and I'm still in shock and on cloud nine! Ladies, I say, read Kara's book a few times over if you need to and live it! My relationship has become something of my dreams that I thought would never come true. If it can happen for me it can happen for you. Kara, feel free to use my comments to promote your book if you'd like, I want as many women as possible to feel as good as I feel right now! I've also posted this on the Yahoo! Men Made Easy online women's support group. Mizzhoney :-)

Hello Kara, About your book...I am up to page 40 Kara, I think it is fabulous and I honor your insight, your intelligence and your inner beauty. I am thrilled at how just reading only this far makes me feel an exceptionally beautiful woman

and I thank you for reminding me how wonderful it is to be one. I am 59 years old and have been ill for some time so I had just forgotten, but never again, for I will always have your book. Dell

Hi, Kara: You are a genius. Thanks for such a wonderful book. This is GREAT STUFF -- and I can't wait to use it. N.C.

Dear Kara, So often in life, we look for things to be complicated so that we can take pride in subject mastery... which often leads to such incomplete understanding. Thank you for breaking past that boundary with your great book & booklets. Please send info if/when available so that I can sign up for on line support groups. Also, I want to buy 2 hard copies of your books for my sisters... I've been respectful of your good work and have not forwarded the emailed version, but really want to share your insights. Are you planning on doing any East Coast seminars in the next year? Many thanks, Maureen PS: undoubtedly, the best \$12 ever spent. No lipstick, cute shirt or strapped sandal has made me feel as confident; so glad I ran into your book just before dating again.

THANK YOU KARA!!!! This book has me mesmerized! As Beth in the book says, most of it I already know, just not consciously, or especially how to apply it to help the relationship. I am only half way through the book and I have come across MANY things that make me think of this friend, or that friend. Every woman should read this, and I will be telling the women I know! I have already started to think differently about myself, men, and love.... Dana G.

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Hello Kara, About your book...I am up to page 40 Kara, I think it is fabulous and I honor your insight, your intelligence and your inner beauty. I am thrilled at how just reading only this far makes me feel an exceptionally beautiful woman and I thank you for reminding me how wonderful it is to be one. I am 59 years old and have been ill for some time so I had just forgotten, but never again, for I will always have your book. Dell

Hi, Kara: You are a genius. Thanks for such a wonderful book. This is GREAT STUFF -- and I can't wait to use it. N.C.

Dear Kara, So often in life, we look for things to be complicated so that we can take pride in subject mastery... which often leads to such incomplete understanding. Thank you for breaking past that boundary with your great book & booklets. Please send info if/when available so that I can sign up for on line support groups. Also, I want to buy 2 hard copies of your books for my sisters... I've been respectful of your good work and have not forwarded the emailed version, but really want to share your insights. Are you planning on doing any East Coast seminars in the next year? Many thanks, Maureen PS: undoubtedly, the best \$12 ever spent. No lipstick, cute shirt or strapped sandal has made me feel as confident; so glad I ran into your book just before dating again.

THANK YOU KARA!!!! This book has me mesmerized! As Beth in the book says, most of it I already know, just not consciously, or especially how to apply it to help the relationship. I am only half way through the book and I have come across MANY things that make me think of this friend, or that friend. Every woman should read this, and I will be telling the women I know! I have already started to think differently about myself, men, and love.... Dana G.

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Editorial Review

From the Publisher

Let this excerpt from the introduction speak for itself:

Within the pages of this book are Twelve Simple Secrets that I developed after interviewing hundreds of men. These Secrets will allow you to peek into the heretofore well-guarded private recesses of a man's heart and soul. As if by magic, the Secrets will cause your man to treat you more and more like a queen. He won't be able to help himself. He'll respond as if in a trance. He'll begin to change in ways you had hoped he would in the beginning of your relationship, ways in which you probably gave up on long ago.

Twelve Simple Secrets that will change your life.

Do you still believe in romantic love? Do you long to have it be a part of your relationship? Are you willing to admit that you want the little-girl dreams of a handsome prince carrying you off to his castle to live happily ever after? You're not alone. Most women do.

Some people say the fairy tales created the dream. I believe the fairy tales were written because the dreams were a natural outcome of many women's deep heart longings to be cherished and adored; to be protected and cared for; to be thought of as beautiful in the eyes of a man who would do anything, even slay dragons, for her love. But somewhere along the way, the minutia of daily life filled the void and you almost forgot about the dream...almost. Instead, you settled; settled for comfortable, settled for occasional, settled for "It could be worse." Once you know all Twelve Secrets, you'll no longer be settling because you'll watch your relationship change, right before your eyes... effortlessly...and discover that your fantasies are beginning to come true.

Expectations only disappoint us.

The expectations that many women carry to the altar are pretty high. Most men fall short—often quite short—of those expectations. But the Secrets revealed in the pages of this book can make most any man become more like that mythical Prince Charming. He'll become more attentive, more romantic, more loving, more caring, and a lot of everything else you dared not hope for.

A man doesn't usually pay much attention to his relationship. Either it works or it doesn't. A woman is more attuned to the subtle nuances that give her what she craves within her relationship...or not. As you read this book, you'll feel yourself shifting from within, and you'll find yourself interacting with your husband or boyfriend in brand new ways. As you shift, he will. Like the Pied Piper, you lead and he follows. As you learn the Secrets, and take them to heart, you'll see how truly simple it is to completely transform your relationship.

* * * * *

For several years, I facilitated women's self-discovery workshops. I heard the heartache and disappointment that surrounded their relationships. I saw the destruction that divorce and crushed dreams could cause. I watched women cry, held them in my arms, and wiped their tears.

I could empathize because I grew up wanting the same dream. I had a good marriage for almost thirty years,

but there wasn't any passion or romance. I used to cry myself to sleep, silently huddled on my side of the bed. He was a good man, I told myself, but a lot was missing for me. After twenty-seven years of marriage he began to do things that I could not respect. After a difficult year-and-a-half struggle, we divorced.

I've since discovered what it's like to be with a romantic, passionate man who makes me feel beautiful and womanly, a generous man who cherishes and adores me, who wants to take care of me and make me happy, and I will never again settle for less. That's what fulfills my deepest heart's desire. That's what makes me feel most fully and completely a woman.

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People ask me how I came to know these Secrets about men. Very simply, I made men a focus of study. I'm very intuitive and, because of the self-discovery workshops I facilitated over several years, I developed the skill of understanding people. It served me when it came time to understand men.

Throughout this book I make some pretty bold and broad generalizations about men, and sometimes about women. Obviously, there will be exceptions to each and every claim I make. After all, we are all individuals. But almost without exception, men have agreed wholeheartedly with each of the Secrets, and they're grateful that I'm sharing this information with women. Believe it or not, just about every man I spoke to agreed with the following comment made by a window salesman from Houston. "There's nothing that comes anywhere near what it feels like to love and be loved by a woman. My wife makes everything else worthwhile."

We can learn from ancient cultures.

Because cultural anthropology is my educational background, when I ponder why we do the things we do, I come from a larger perspective. I use logic and intuition in concert with what I have learned about psychology, culture, biology, evolution, as well as anthropology. Could my conclusions be wrong? Of course. Are they useful? Absolutely! If you believe as I do that love and trust grow out of greater understanding, then you'll agree that every shred of wisdom adds depth to your relationship and your ability to create everlasting love. The Secrets revealed in this book will open your eyes so much so that you'll feel as if you've been blind.

I've been blessed to be able to travel all over the world. I've been particularly interested in visiting tribal cultures in places like Papua New Guinea, Indonesia, and Africa. I've seen most of the tribal behavior that I discuss in this book, much of which is driven by, and evolved because of, survival. Comparing what I've observed firsthand to the ancient cultures I learned about in my studies of cultural anthropology, it's obvious that not much has changed. I used what I know of cultures today and made conclusions about how life for ancient men and women might have been, and compared it to our modern ways of interacting and behaving. Understanding creates more harmony.

You'll have amazing leverage once you can look beneath your man's outer shell, the one that has all the answers, never gets emotional, and doesn't quite understand why you want romance. Not only does this book give you some reasons for his sometimes frustrating behavior, it also points out why you and he are so very different. Once you understand that much of what he does and how he reacts is a variety of automatic responses—such as needing to succeed, to solve problems, and how easily he's aroused—you will be better equipped to get what you want from him and your relationship.

Culture—that which we learn and pass on—is as powerful in determining our behavior as physical evolution, and in many ways, even more so. Personal pride, integrity, competition, and of course the all-powerful social shame can do wonders to keep us in line. Culture is strong, but it can be overridden...when you know what to do.

We want more from our relationships.

Today, thankfully for most of us, survival is not in the forefront of our concerns. Quality of life is what we care about. We want more from our experiences and from our relationships with others. The Twelve Simple Secrets will give you more of what you want because the seemingly Grand Canyon-sized chasm that separates men from women can actually be bridged.

On the next page you will begin a playful adventure that will carry you to new places of the heart. A glorious new life filled with the magic of ever-deepening love awaits you. Come, follow me to a cottage by an enchanted forest, filled with dreams-coming-true and happily-ever-afters.

From the Author

When I first started interviewing men, it was because of a seminar that I was teaching where I had a panel of men come into the room in the afternoon and answer any and all questions the women wanted to ask. But I was surprised by how much insight they were giving me into how they thought, what they were afraid of, how they felt about women, their needs, and desires. I absolutely had to share what I'd learned with women. Thus, *Men Made Easy* was born and I've never once regretted I took this path. Women let me know regularly what a difference my book has made on them and their relationships, which makes it all worth while.

From the Inside Flap

Men Really ARE Easy If You Just Know What to Do

- * Does your relationship fall short of a fairy tale dream-come-true?
- * Does your husband or boyfriend make you crazy?
- * Have you given up on trying to figure men out?
- * Does your heart long for more love and romance?
- * Would you like a relationship that makes your heart sing?

In *MEN MADE EASY* you'll discover the Twelve Simple Secrets about men that will unveil the mysteries of what makes men do what they do. You'll finally have the leverage you need to get what you want from any man. The magic is that he'll love you for what you're doing, without knowing what hit him...and you'll become happier and more fulfilled.

After interviewing hundreds of men, Kara Oh developed *Twelve Simple Secrets* so she could share her winning techniques with other women. Her fresh insights, derived from teaching self-empowerment workshops, bring a new slant to understanding men and improving romantic relationships.

"Women who long for lasting love will find the secrets here. *MEN MADE EASY* is a gift for any committed relationship." --Marti Glenn, Ph.D. psychotherapist in private practice

"This book is practical, straight forward and offers effective suggestions. Kara Oh has paid attention. I wish all my clients would take advantage of her research." --Ken Bruer, Marriage and Family Therapist

Users Review

From reader reviews:

Arthur West:

The book *Men Made Easy : How to Get What You Want from Your Man* can give more knowledge and information about everything you want. Exactly why must we leave the great thing like a book *Men Made Easy : How to Get What You Want from Your Man*? Wide variety you have a different opinion about publication. But one aim which book can give many info for us. It is absolutely appropriate. Right now, try to closer with your book. Knowledge or info that you take for that, you can give for each other; you can share all of these. Book *Men Made Easy : How to Get What You Want from Your Man* has simple shape nevertheless, you know: it has great and massive function for you. You can appear the enormous world by available and read a book. So it is very wonderful.

James Boyd:

Nowadays reading books become more than want or need but also be a life style. This reading habit give you lot of advantages. The benefits you got of course the knowledge the rest of the information inside the book that will improve your knowledge and information. The data you get based on what kind of e-book you read, if you want have more knowledge just go with knowledge books but if you want truly feel happy read one together with theme for entertaining for example comic or novel. Typically the *Men Made Easy : How to Get What You Want from Your Man* is kind of publication which is giving the reader unpredictable experience.

David Black:

This *Men Made Easy : How to Get What You Want from Your Man* are reliable for you who want to be a successful person, why. The explanation of this *Men Made Easy : How to Get What You Want from Your Man* can be one of the great books you must have is actually giving you more than just simple reading through food but feed anyone with information that maybe will shock your before knowledge. This book will be handy, you can bring it almost everywhere and whenever your conditions throughout the e-book and printed types. Beside that this *Men Made Easy : How to Get What You Want from Your Man* giving you an enormous of experience such as rich vocabulary, giving you tryout of critical thinking that could it useful in your day exercise. So , let's have it and enjoy reading.

Arthur Coe:

Reading can called imagination hangout, why? Because if you find yourself reading a book particularly book entitled *Men Made Easy : How to Get What You Want from Your Man* your head will drift away trough every dimension, wandering in every single aspect that maybe unidentified for but surely might be your mind friends. Imaging each word written in a publication then become one type conclusion and explanation that will maybe you never get ahead of. The *Men Made Easy : How to Get What You Want from Your Man* giving you another experience more than blown away your mind but also giving you useful facts for your better life in this era. So now let us demonstrate the relaxing pattern is your body and mind will be pleased when you are finished examining it, like winning a. Do you want to try this extraordinary paying spare time activity?

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