



Vicarious Trauma and Disaster Mental Health: Understanding Risks and Promoting Resilience (Psychosocial Stress Series)

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Vicarious Trauma and Disaster Mental Health focuses on the clinician and the impact of working with disaster survivors. Floods, hurricanes, tornadoes, mass shootings, terrorism and other large-scale catastrophic events have increased in the last decade and disaster resilience has become a national imperative. This book explores vicarious traumatization in mental health providers who respond to massive disasters by choice or by circumstance. What happens when clinicians share the trauma and vulnerability from the toll taken by a disaster with the victims they care for? How can clinicians increase resilience from disaster exposure and provide mental health services effectively? *Vicarious Trauma and Disaster Mental Health* offers insight and analysis of the research and theory behind vicarious trauma and compares and contrasts with other work-impact concepts such as burnout, compassion fatigue and secondary traumatic stress. It proposes practical evidence-informed personal strategies and organizational approaches that address five cognitive schemas (safety, esteem, trust, control and intimacy) disrupted in vicarious trauma. With an emphasis on the psychological health and safety of mental health providers in the post-disaster workplace, this book represents a shift in perspective and provides a framework for the promotion of worker resilience in the standard of practice in disaster management.

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Editorial Review

Review

"Drs. Quitangon's and Evces's collective vision has created a book on a much neglected topic for a field that neglects itself in the rush to help others. No longer can we as disaster mental health professionals so readily overlook helping ourselves, as this book provides the mandate and resources for it to be very much otherwise. Disaster relief organizations should make this compassionate, scholarly, and practical book a pre-deployment requirement."

?**Craig L. Katz, MD**, director of the program in global mental health and clinical associate professor of psychiatry and medical education at Icahn School of Medicine at Mount Sinai

"The experiences of 9/11 left mental health responders with serious wounds and the field of disaster mental health with important questions about how to better protect responders from the effects of vicarious trauma. Filled with fascinating personal accounts by those on the ground, this evidence-based book teaches us about the nature of vicarious trauma and its impact. Most importantly, it gives us practical tools, strategies, and resources to promote vicarious resilience."

?**Linda Ligenza, LCSW**, clinical services director and faculty for trauma-informed care initiatives at the National Council for Behavioral Health

"This book is an unusually comprehensive resource on disaster mental health interventions and the resulting vicarious traumatization that workers may experience. Theory and research are richly illustrated with first-person accounts from those working in post-disaster settings. It is a useful guide for anyone who risks their own well-being to help others recover and accommodate new realities."

?**Laurie Anne Pearlman, PhD**, lead author of *Treating Traumatic Bereavement: A Practitioner's Guide*

About the Author

Gertie Quitangon, M.D., is a clinical assistant professor of psychiatry at the New York University School of Medicine and is on faculty at the NYU Public Psychiatry Fellowship. She is currently the Medical Director at Chapel Street Center, a community-based outpatient clinic of the Department of Veterans Affairs New York Harbor Healthcare System.

Mark R. Evces, Ph.D., is a clinical instructor of psychiatry at the New York University School of Medicine and Assistant Director of mental health at the WTC Health Program NYU School of Medicine Clinical Center of Excellence.

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Noah Giles:

This Vicarious Trauma and Disaster Mental Health: Understanding Risks and Promoting Resilience (Psychosocial Stress Series) are usually reliable for you who want to be a successful person, why. The main reason of this Vicarious Trauma and Disaster Mental Health: Understanding Risks and Promoting Resilience (Psychosocial Stress Series) can be one of the great books you must have is actually giving you more than just simple reading food but feed a person with information that perhaps will shock your prior knowledge. This book will be handy, you can bring it all over the place and whenever your conditions both in e-book and printed kinds. Beside that this Vicarious Trauma and Disaster Mental Health: Understanding Risks and Promoting Resilience (Psychosocial Stress Series) forcing you to have an enormous of experience for example rich vocabulary, giving you test of critical thinking that we know it useful in your day action. So , let's have it and luxuriate in reading.

Nettie Powers:

Reading can called imagination hangout, why? Because if you are reading a book especially book entitled Vicarious Trauma and Disaster Mental Health: Understanding Risks and Promoting Resilience (Psychosocial Stress Series) the mind will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely can become your mind friends. Imaging each word written in a publication then become one contact form conclusion and explanation this maybe you never get ahead of. The Vicarious Trauma and Disaster Mental Health: Understanding Risks and Promoting Resilience (Psychosocial Stress Series) giving you a different experience more than blown away your mind but also giving you useful information for your better life within this era. So now let us present to you the relaxing pattern is your body and mind will probably be pleased when you are finished studying it, like winning a casino game. Do you want to try this extraordinary spending spare time activity?

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