



# The Pulse Classic: A Translation of the Mai Jing

By *Shu-He Wang*

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The Mai Jing or Pulse Classic was written in the late Han dynasty by Wang Shu-he. It is the first book in the Chinese medical literature entirely devoted to pulse diagnosis. As such, it is the undeniable and necessary foundation text for anyone seriously interested in understanding the rationale for and method of reading the pulse in Chinese medicine. Although not an easy read, this book is a mine of valuable information for those wishing to go more deeply into a study of the pulse.

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## **Editorial Review**

Language Notes

Text: English (translation)

Original Language: Chinese

From the Publisher

We have wanted to publish a translation of the Mai Jing for years. We always thought it would be beyond us. When Yang Shou-zhong suggested this as his next translation project, we jumped for joy. Every serious student of Chinese pulse diagnosis needs to have read this seminal classic at least once.

From the Back Cover

"The Mai Jing or Pulse Classic was written in the late Han dynasty by Wang Shu-he. It is the first book in the Chinese medical literature devoted entirely to pulse diagnosis. As such, it is the undeniable and necessary foundation text for anyone seriously interested in understanding the rationale for and method of reading the pulse in Chinese medicine. Although not an easy read, this book is a mine of valuable information for those wishing to go more deeply into a study of the pulse." Bob Flaws

"Wang Shu-he's Pulse Classic influenced many neighboring and distant countries, being introduced to Korea and Japan in the 6th century. In the 11th century, it arrived in Arabian lands and greatly promoted medical science in the Middle East. The medical sage of Arabia, Avicenna, included the 24 pulse images in Chapter Two of his great work, An Encyclopedia of Medicine. Ancient Indian medical records first describing pulse-reading techniques in the 13th century were also a transmission from China. In 1313, Wang's masterpiece was translated into the Turkish language. This ably demonstrates Wang's great contribution to world medicine." Chen Chan-yuan

## **Users Review**

**From reader reviews:**

**Bobbi Gonzales:**

This The Pulse Classic: A Translation of the Mai Jing book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is information inside this guide incredible fresh, you will get data which is getting deeper an individual read a lot of information you will get. This particular The Pulse Classic: A Translation of the Mai Jing without we recognize teach the one who studying it become critical in thinking and analyzing. Don't possibly be worry The Pulse Classic: A Translation of the Mai Jing can bring when you are and not make your bag space or bookshelves' come to be full because you can have it within your lovely laptop even telephone. This The Pulse Classic: A Translation of the Mai Jing having very good arrangement in word as well as layout, so you will not truly feel uninterested in reading.

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