



## Every Day Gets a Little Closer: A Twice-Told Therapy

By Irvin D. Yalom, Ginny Elkin

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The many thousands of readers of the best-selling *Love's Executioner* will welcome this paperback edition of an earlier work by Dr. Irvin Yalom, written with Ginny Elkin, a pseudonymous patient whom he treated—the first book to share the dual reflections of psychiatrist and patient. Ginny Elkin was a troubled young and talented writer whom the psychiatric world had labeled as "schizoid." After trying a variety of therapies, she entered into private treatment with Dr. Irvin Yalom at Stanford University. As part of their work together, they agreed to write separate journals of each of their sessions. *Every Day Gets a Little Closer* is the product of that arrangement, in which they alternately relate their descriptions and feelings about their therapeutic relationship.

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### Editorial Review

#### About the Author

**Irvin D. Yalom, M.D.**, is professor emeritus of psychiatry at the Stanford University School of Medicine. He was the recipient of the 1974 Edward Strecker Award and the 1979 Foundation's Fund Prize in Psychiatry. He is the author of *When Nietzsche Wept* (winner of the 1993 Commonwealth Club gold medal for fiction), *Love's Executioner*, *Every Day Gets a Little Closer* (with Ginny Elkin), and the classic textbooks *Inpatient Group Psychotherapy* and *Existential Psychotherapy*. **Irvin D. Yalom, M.D.**, is the author of *The Theory and Practice of Group Psychotherapy* and *Love's Executioner and Other Tales of Psychotherapy*, among other books. He is a professor of psychiatry at Stanford University.

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