



Nutrition Care Of The Older Adult: A Handbook For Dietetics Professionals Working Throughout The Continuum Of Care

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Completely revised with new chapters and sections covering everything the health-care provider needs to know when working with the older adult either at home or in nursing and long-term care facilities. Chapters cover factors affecting nutrition, nutrition and disease, nutritional assessment, dining challenges and regulatory compliance. This scientifically sound and practical resource for new and experienced nutrition professionals includes new forms, resources, the food guide pyramid for older adults and an index of tales.

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Nutrition Care Of The Older Adult: A Handbook For Dietetics Professionals Working Throughout The Continuum Of Care From Amer Dietetic Assn Bibliography

- Sales Rank: #549987 in Books
- Published on: 2004-10
- Original language: English
- Number of items: 1
- Dimensions: 11.00" h x 8.25" w x .75" l, 1.70 pounds
- Binding: Paperback
- 323 pages

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