

The Forager's Harvest: A Guide to Identifying, Harvesting, and Preparing Edible Wild Plants

By Samuel Thayer



The Forager's Harvest: A Guide to Identifying, Harvesting, and Preparing Edible Wild Plants By Samuel Thayer

A guide to 32 of the best and most common edible wild plants in North America, with detailed information on how to identify them, where they are found, how and when they are harvested, which parts are used, how they are prepared, as well as their culinary use, ecology, conservation, and cultural history.



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Editorial Review

About the Author

Samuel Thayer is an internationally recognized authority on edible wild plants who has authored two award-winning books on the topic, *Nature's Garden* and *The Forager's Harvest*. He has taught foraging and field identification for more than two decades. Besides lecturing and writing, Samuel is an advocate for sustainable food systems who owns a diverse organic orchard and harvests wild rice, acorns, hickory nuts, maple syrup, and other wild products. He lives in rural northern Wisconsin with his wife and three children.

Users Review

From reader reviews:

James Connell:

A lot of people always spent their own free time to vacation as well as go to the outside with them family or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity that's look different you can read a book. It is really fun for you. If you enjoy the book which you read you can spent 24 hours a day to reading a reserve. The book The Forager's Harvest: A Guide to Identifying, Harvesting, and Preparing Edible Wild Plants it is quite good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. Should you did not have enough space to bring this book you can buy the particular e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not very costly but this book provides high quality.

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Helen Williams:

Playing with family in a park, coming to see the water world or hanging out with pals is thing that usually you will have done when you have spare time, in that case why you don't try thing that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love The Forager's Harvest: A Guide to Identifying,

Harvesting, and Preparing Edible Wild Plants, you are able to enjoy both. It is great combination right, you still wish to miss it? What kind of hang type is it? Oh come on its mind hangout folks. What? Still don't get it, oh come on its known as reading friends.

Ana May:

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