



## Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005)

By Bill, Weber, Todd Pittman

Download now

Read Online →

**Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005)** By Bill, Weber, Todd Pittman

Resentment. Fear. Self-Pity. Intolerance. Anger. This cast of character defects will undermine the best-laid plans for recovery from addiction. It's not uncommon for individuals in recovery to hang on to negative, self-defeating behaviors after they've given up their addiction. These are the "rocks" that can sink recovery - or, at the least, block further progress. With more than 100,000 copies sold, Drop the Rock is the definitive guide to removing character defects that can prevent gratifying, long-standing recovery. Based on the Twelve Step program, particularly the principles behind Steps Six and Seven, Drop the Rock combines personal stories, practical advice, and powerful insights to help readers move forward in recovery. The second edition features additional stories, a reference section, and information about starting a Drop the Rock study group.

Show Less

↓ [Download Drop the Rock: Removing Character Defects - Steps ...pdf](#)

📖 [Read Online Drop the Rock: Removing Character Defects - Step ...pdf](#)

# **Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005)**

*By Bill, Weber, Todd Pittman*

## **Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman**

Resentment. Fear. Self-Pity. Intolerance. Anger. This cast of character defects will undermine the best-laid plans for recovery from addiction. It's not uncommon for individuals in recovery to hang on to negative, self-defeating behaviors after they've given up their addiction. These are the "rocks" that can sink recovery - or, at the least, block further progress. With more than 100,000 copies sold, Drop the Rock is the definitive guide to removing character defects that can prevent gratifying, long-standing recovery. Based on the Twelve Step program, particularly the principles behind Steps Six and Seven, Drop the Rock combines personal stories, practical advice, and powerful insights to help readers move forward in recovery. The second edition features additional stories, a reference section, and information about starting a Drop the Rock study group. Show Less

## **Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman Bibliography**

 [Download Drop the Rock: Removing Character Defects - Steps ...pdf](#)

 [Read Online Drop the Rock: Removing Character Defects - Step ...pdf](#)

**Download and Read Free Online Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman**

---

## **Editorial Review**

### **Users Review**

#### **From reader reviews:**

##### **Michael Auten:**

Would you one of the book lovers? If so, do you ever feeling doubt when you find yourself in the book store? Attempt to pick one book that you just dont know the inside because don't evaluate book by its include may doesn't work is difficult job because you are scared that the inside maybe not because fantastic as in the outside appear likes. Maybe you answer can be Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) why because the wonderful cover that make you consider about the content will not disappoint you. The inside or content is usually fantastic as the outside or maybe cover. Your reading sixth sense will directly make suggestions to pick up this book.

##### **Aaron Thomsen:**

Beside this Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) in your phone, it may give you a way to get more close to the new knowledge or details. The information and the knowledge you might got here is fresh from oven so don't be worry if you feel like an aged people live in narrow small town. It is good thing to have Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) because this book offers to your account readable information. Do you often have book but you rarely get what it's interesting features of. Oh come on, that wil happen if you have this in the hand. The Enjoyable blend here cannot be questionable, including treasuring beautiful island. Use you still want to miss the item? Find this book in addition to read it from at this point!

##### **Lorraine Cox:**

This Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) is brand new way for you who has intense curiosity to look for some information since it relief your hunger associated with. Getting deeper you onto it getting knowledge more you know or else you who still having little bit of digest in reading this Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) can be the light food to suit your needs because the information inside this specific book is easy to get through anyone. These books create itself in the form which can be reachable by anyone, that's why I mean in the e-book contact form. People who think that in e-book form make them feel sleepy even dizzy this reserve is the answer. So there isn't any in reading a e-book especially this one. You can find actually looking for. It should be here for a person. So , don't miss the item! Just read this e-book variety for your better life in addition to knowledge.

**Johnny Abel:**

A lot of people said that they feel bored stiff when they reading a e-book. They are directly felt that when they get a half elements of the book. You can choose the particular book Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) to make your own personal reading is interesting. Your own personal skill of reading proficiency is developing when you such as reading. Try to choose easy book to make you enjoy to see it and mingle the impression about book and reading through especially. It is to be first opinion for you to like to wide open a book and learn it. Beside that the book Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) can to be your new friend when you're experience alone and confuse in doing what must you're doing of the time.

**Download and Read Online Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman #FQUZ9B5HA10**

## **Read Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman for online ebook**

Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman books to read online.

## **Online Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman ebook PDF download**

**Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman Doc**

**Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman Mobipocket**

**Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman EPub**

**FQUZ9B5HA10: Drop the Rock: Removing Character Defects - Steps Six and Seven by P., Bill, W., Todd, S., Sara 2nd (second) Edition (3/1/2005) By Bill, Weber, Todd Pittman**