



## **Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated.**

*By Mary Dalgleish*

Download now

Read Online →

**Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated.** By Mary Dalgleish

‘Ear Candling the Essential Guide’ provides therapists, students and the public with an interesting and accessible introduction to ear candling. This book which was previously published as ‘Ear Candling in Essence’ has now been completely revised and updated. Ear candling has been used for millennia and this fascinating book covers the history of ear candling from its use by the ancient Egyptians, Greeks, Romans and other world cultures. It provides advice on important ear candle safety features and explains how ear candles work. It also includes comprehensive information on the anatomy, physiology and pathology of the ears, nose, throat and sinuses as well as the benefits of ear candling and contraindications to treatment. It goes on to concentrate on practical application with step by step instructions on treatment and massage techniques. Information on ear candling courses and advice for therapists is provided, along with a list of relevant websites, further reading and a very useful glossary of terms. Written in an accessible style with colour photos and illustrations, numerous frequently asked questions and case studies, this book is the perfect introduction for therapy students, professional therapists topping up their skills or anyone wanting to learn more about the history and practice of ear candling. The authors are practising complementary therapists and experienced tutors and teach a range of complementary therapy courses in the UK and abroad.

 [Download Ear Candling - The Essential Guide: Ear Candling - ...pdf](#)

 [Read Online Ear Candling - The Essential Guide: Ear Candling ...pdf](#)



# **Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated.**

*By Mary Dalglish*

**Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated.** By Mary Dalglish

'Ear Candling the Essential Guide' provides therapists, students and the public with an interesting and accessible introduction to ear candling. This book which was previously published as 'Ear Candling in Essence' has now been completely revised and updated. Ear candling has been used for millennia and this fascinating book covers the history of ear candling from its use by the ancient Egyptians, Greeks, Romans and other world cultures. It provides advice on important ear candle safety features and explains how ear candles work. It also includes comprehensive information on the anatomy, physiology and pathology of the ears, nose, throat and sinuses as well as the benefits of ear candling and contraindications to treatment. It goes on to concentrate on practical application with step by step instructions on treatment and massage techniques. Information on ear candling courses and advice for therapists is provided, along with a list of relevant websites, further reading and a very useful glossary of terms. Written in an accessible style with colour photos and illustrations, numerous frequently asked questions and case studies, this book is the perfect introduction for therapy students, professional therapists topping up their skills or anyone wanting to learn more about the history and practice of ear candling. The authors are practising complementary therapists and experienced tutors and teach a range of complementary therapy courses in the UK and abroad.

**Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated.** By Mary Dalglish  
**Bibliography**

- Rank: #382109 in Books
- Brand: Mary Dalglish
- Published on: 2013-07-25
- Original language: English
- Number of items: 1
- Dimensions: 10.00" h x .31" w x 8.00" l, .61 pounds
- Binding: Paperback
- 130 pages

 [Download Ear Candling - The Essential Guide: Ear Candling - ...pdf](#)

 [Read Online Ear Candling - The Essential Guide: Ear Candling ...pdf](#)



**Download and Read Free Online Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish**

---

## **Editorial Review**

### **Review**

This attractively presented and easily accessible book is very thorough and addresses all aspects of Ear Candling comprehensively ... The authors do the subject justice and the publishers have produced an attractive book with plenty of helpful photographs and diagrams along the way. I have no hesitation in recommending it to students and tutors alike. -- Marion Fewkes, In Essence 20070301

### **About the Author**

Mary Dalglish has worked as a practising complementary health therapist since 1999. After experiencing the power of complementary therapies in improving her own health and wellbeing, she studied Aromatherapy at the Tisserand Institute in London (where she later worked as a tutor and student mentor). After that first course, her interest in holistic healing was aroused and she went on to study a range of disciplines including Reflexology, Ear Candling, Ayurvedic Foot Massage, Natural Face Lift Massage and Indian Champissage (traditional head massage) with the late Narendra Mehta at the London Centre of Indian Champissage. She worked with Narendra Mehta for many years and still continues to teach courses on behalf of the London Centre of Indian Champissage. Mary is a qualified and experienced teacher with a Master's Degree in Education. She was an "Excellence in Education" award winner in the FHT's 2012 awards. Mary now uses her teaching skills in the field of complementary therapies teaching Anatomy & Physiology, Indian Head Massage, Facial Rejuvenation (Natural Face Lift Massage), Natural Facials, Ayurvedic Foot Massage and Ear Candling courses in the UK, Ireland and often further afield. She also runs her private complementary therapy practice near Wimbledon in South West London. Mary has co-written two books with her friend and colleague, Lesley Hart who is also an experienced complementary therapist and teacher. Their book "Ear Candling in Essence" previously published by Hodder Arnold, has now been completely revised and updated as "Ear Candling - The Essential Guide". Mary and Lesley are passionate about their work and through their therapy practise and teaching, they love to see others bloom and flourish. They say: "Our ethos is to offer excellent training to small groups in relaxed friendly environments. Our aim is for our students to gain professional qualifications in the field of complementary therapies and achieve the confidence and expertise necessary to work effectively with clients. We delight in teaching students around the world to discover the healing power of hands-on therapies and the benefits they bring. Many of our qualified therapists offer their skills in spas, holistic health clinics, beauty salons, hospices, hospitals, and on-site in offices." You can discover more about the authors by visiting their websites on [www.head2toemassage.co.uk](http://www.head2toemassage.co.uk) and [www.hands-on-training.net](http://www.hands-on-training.net)

## **Users Review**

### **From reader reviews:**

#### **Don Gonzales:**

Hey guys, do you really want to find a new book to learn? Maybe the book with the name Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. Suitable to you? Typically the book was written by well-known writer in this era. Often the book untitled Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised

and updated. is a single of several books which everyone read now. This particular book was inspired many men and women in the world. When you read this publication you will enter the new dimension that you ever know prior to. The author explained their concept in the simple way, so all of people can easily to know the core of this e-book. This book will give you a great deal of information about this world now. In order to see the represented of the world with this book.

**Tom Carter:**

Typically the book Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. will bring that you the new experience of reading any book. The author style to elucidate the idea is very unique. When you try to find new book to read, this book very suitable to you. The book Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. is much recommended to you to learn. You can also get the e-book from your official web site, so you can more easily to read the book.

**John Jeanbaptiste:**

People live in this new morning of lifestyle always try to and must have the extra time or they will get great deal of stress from both daily life and work. So , if we ask do people have spare time, we will say absolutely indeed. People is human not really a robot. Then we question again, what kind of activity do you have when the spare time coming to an individual of course your answer will probably unlimited right. Then do you try this one, reading publications. It can be your alternative inside spending your spare time, the book you have read will be Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated..

**Pamela Dodge:**

You can obtain this Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. by visit the bookstore or Mall. Merely viewing or reviewing it can to be your solve difficulty if you get difficulties for ones knowledge. Kinds of this guide are various. Not only by means of written or printed and also can you enjoy this book by means of e-book. In the modern era just like now, you just looking by your local mobile phone and searching what their problem. Right now, choose your personal ways to get more information about your publication. It is most important to arrange yourself to make your knowledge are still update. Let's try to choose correct ways for you.

**Download and Read Online Ear Candling - The Essential Guide:  
Ear Candling - The Essential Guide: This text, previously published**

**as "Ear Candling in Essence", has been completely revised and updated. By Mary Dagleish #JWZYOF3RPTD**

**Read Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish for online ebook**

Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish books to read online.

**Online Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish ebook PDF download**

**Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish Doc**

Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish Mobipocket

Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish EPub

JWZYOF3RPTD: Ear Candling - The Essential Guide: Ear Candling - The Essential Guide: This text, previously published as "Ear Candling in Essence", has been completely revised and updated. By Mary Dalglish