



A Soul's Delight: Your Step-By-Step Higher Self Integration Journey

By JoyBeth JoyBeth

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This book provides the reader with information, inspiration, resources, and practical activities to help them learn and become Soul Attuned through The Higher Self Integration process.

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Editorial Review

About the Author

JoyBeth has served as a counselor, educator, spiritual healer, and metaphysician with both Bachelor's and Master's Degrees. She is currently working on her Doctorate of Ministry in Spirituality. As a joyfully passionate lover of the multisensory and multidimensional life Soul Awareness allows us to fully participate in, she is dedicated to Soul Consciousness and Evolution and Soul Attunement through The Higher Self Integration Process. JoyBeth's autobiographical companion book, *Beyond Belief Into Knowing: My Soul's Journey*, takes you on a chronicle of our times that reads a little like science fiction yet, in its honesty and truth, shows the intimate realities of this multidimensional life we live in. . . . To read about JoyBeth's book *Beyond Belief Into Knowing: My Soul's Journey* click here [Beyond Belief Into Knowing](#)

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What Am I Getting Into?

Or The Introduction

"THERE IS MORE TO LIFE THAN THIS . . . "

'How many times have you heard this rumble deep inside your Being?' How many times has this thought kept you going, pushing past pain and barriers, into a new phase of life? How many times -when external forces have said, "That's all there is"- have your insides cried out for something more?

Some of us have a personal history or herstory of feeling "different": of not really belonging in the traditional systems of schooling, religion, relationshiping, and work. While we may have tried to fit in and feel, act, and think "normal," in certain moments and times a deeper part of ourselves would jump out and proclaim "I AM!" This "I AM" would make waves and force issues. It would think, feel, and act in ways that others would raise an eyebrow to, call us names, and exit right out of our lives.

My I AM, SOUL, HIGHER or TRUE SELF never would stay buried or even quiet for very long. Just when I would have this "being like others" stuff down, out of my mouth and behaviors would pop some sort of contradicting thought, feeling, and truth that would expose me for what I really am: 'an evolving Soul who just can't quit'. For many years, I had no conscious idea as to where these different thoughts, feelings, and behaviors came from. I tried my best as a child to hide from what I now know were psychic and spiritual abilities. But at age twenty, my Soul would no longer take NO for an answer. It was then that I claimed my "strangeness," beginning an extensive and continual search to understand the fullness of myself and the whole of life.

Twenty-five years ago simply claiming that eating a semivegetarian, natural foods diet was a healthy choice proved risky. The putdowns and rejections were plentiful. Yet today, it is a well-known fact. Yes, today there is so much more available in literature and workshops throughout the world covering physical and mental health and fitness. The Body-Mind Connection actually makes the news and the mainstream ads these days. However, it is still relatively risky to tell everyone I meet that I talk with spirits, healed my dog's abscess with my hands, and can know who they are and what they have been through by reading their energy body. These skills and much more have become a natural part of my daily, very human life. They represent a few of the natural abilities every single one of us Souls in human form have waiting to be developed, if we choose so.

Users Review

From reader reviews:

Jane Cuellar:

Do you have favorite book? If you have, what is your favorite's book? Book is very important thing for us to be aware of everything in the world. Each book has different aim or maybe goal; it means that book has different type. Some people feel enjoy to spend their the perfect time to read a book. They are reading whatever they take because their hobby will be reading a book. Why not the person who don't like reading a book? Sometime, person feel need book once they found difficult problem or exercise. Well, probably you'll have this A Soul's Delight: Your Step-By-Step Higher Self Integration Journey.

David Hernandez:

Book is usually written, printed, or descriptive for everything. You can understand everything you want by a guide. Book has a different type. As it is known to us that book is important thing to bring us around the world. Adjacent to that you can your reading skill was fluently. A reserve A Soul's Delight: Your Step-By-Step Higher Self Integration Journey will make you to end up being smarter. You can feel considerably more confidence if you can know about almost everything. But some of you think in which open or reading a book make you bored. It is not necessarily make you fun. Why they could be thought like that? Have you seeking best book or suitable book with you?

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Harold Bunch:

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